

Happiness

“A lifetime of happiness. No man alive could bear it; it would be hell on earth.”

George Bernard Shaw

“Action may not always bring happiness; but there is no happiness without action.”

Benjamin Disraeli

“Almost all your unhappiness in life comes from your tendency to blame someone else for something.”

“Happiness is like a butterfly. The more you chase it, the more it will elude you. But if you turn your attention to other things, it comes softly and sits on your shoulder.”

“Happiness is not a reward - it is a consequence. Suffering is not a punishment - it is a result.”

Robert G. Ingersoll

“Happiness is something to do, something to love, something to hope for.”

Chinese proverb

“Happiness is that state of consciousness which proceeds from the achievement of one's values.”

Ayn Rand

“Happiness should always remain a bit incomplete. After all, dreams are boundless.”

Anatoly Karpov

“Happiness? That's nothing more than good health and a poor memory.”

Albert Schweitzer

“I live by this credo. Have a little laugh and look around you for happiness instead of sadness. Laughter has always brought me out of unhappy situations. Even in your darkest moment, you usually find something to laugh about if you try hard enough.”

Red Skelton

“If you wait for the perfect moment when all is safe and assured, it may never arrive. Mountains will not be climbed, races won, or lasting happiness achieved.”

Maurice Chevalier

“It's pretty hard to find what does bring happiness. Poverty and wealth have both failed.”

Kin Hubbard

“Most people are searching for happiness. They're looking for it. They're trying to find it in someone or something outside of themselves. That's a fundamental mistake. Happiness is something that you are, and it comes from the way you think.”

Wayne Dyer

“Planning for happiness is rarely successful. Happiness just happens.”

Robert Half

“Remember happiness doesn't depend upon who you are or what you have; it depends solely upon what you think.”

Dale Carnegie

“Remember, every minute spent angry is sixty seconds of wasted happiness.”

“Stress and unhappiness comes not from situations but from how you respond to situations.”

“The grand essentials of happiness are: something to do, something to love and something to hope for.”

Allan K. Chalmers

“The greatest part of our happiness or misery depends on our dispositions and not on our circumstances.”

Martha Washington

“The person born with a talent they are meant to use will find their greatest happiness in using it.”

Goethe

“The two foes of human happiness are pain and boredom.”

Arthur Schopenhauer

“There is no cosmetic for beauty like happiness.”

Marguerite Gardiner Blessington

“There is no happiness in having or in getting, but only in giving.”

Henry Drummond

“True happiness and fulfillment comes when you feel that you are making a valuable contribution to your world. What is yours?”

“When one door of happiness closes, another opens- but often we look so long at the closed door that we do not see the one that has been opened for us.”

Helen Keller

“Your incredible brain can take you from rags to riches, from loneliness to popularity and from depression to happiness and joy - if you use it properly.”