

Discovering Your Learning Style and Brain Dominance

For each of these, decide if it's

3) Most like you

2) Sometimes like you

1) Least like you

1. I learn best when I see information
2. I learn best when I hear information
3. I learn best when I have hands on experience
4. I like pictures and illustrations
5. I like to listen to CD's and hear stories
6. I like working with people and going on field trips
7. I love books, pictures and puzzles
8. I enjoy listening to music for pleasure
9. I enjoy sports or gardening for pleasure
10. A good textbook and visual aids are important to me
11. I learn best in class when hearing, rather than reading
12. I learn best when I can take objects apart and put them back
13. I remember what I see better than what I hear
14. I remember best when I recite information
15. I learn best by doing, working on models or gathering samples
16. I have a strong fashion sense and pay attention to details
17. I am talkative and love to tell jokes and stories
18. I use a lot of gestures, am well coordinated and like activity
19. My room is generally neat and visually attractive
20. My room is generally messy and disorganized
21. I don't spend much time sitting in one place to study
22. I like logical and rational thinking
23. I like creative and open-ended thinking
24. I learn best when it's quiet and organized
25. I learn best when there is music
26. I learn best when there is action and physical activity
27. I like structure and work steadily at completing projects
28. I like flexibility and often procrastinate
29. I like to break problems down and solve them in small steps
30. I like to look at the big picture

Scoring: Add up your score. The highest total indicates your predominate style.

Total your answers to 1,4,7,10,13,16,19, 24	Visual _____
Total your answers to 2, 5, 8, 11, 14, 17, 20, 25	Auditory _____
Total your answers to 3, 6, 9, 12, 15, 18, 21, 26	Kinesthetic _____
Total your answers to 19, 22, 24, 27, 29	Left Brain _____
Total your answers to 20, 23, 25, 28, 30	Right Brain _____

My primary learning style is _____

My primary brain dominance is _____

This survey was found in the book "Connections" by Sharon K. Ferrett. See "Works Cited" for full copyright details.